

Pre-Visit Allergy Questionnaire

Prior to your appointment at Conway Regional Health, complete the following questionnaire to assess your allergic symptoms. Along with your medical history, this information will guide your provider toward the testing option that's right for you.

1. What symptoms are you experiencing, or have you experienced? Select all that apply.

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> Runny Nose | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Chest tightness | <input type="checkbox"/> Red, itchy patches of skin |
| <input type="checkbox"/> Itchy Eyes | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Constipation | |
| <input type="checkbox"/> Itchy Mouth | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Diarrhea | |
| <input type="checkbox"/> Scratchy Throat | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Abdominal cramps | |

2. Do your symptoms get worse during a particular time? Select all that apply.

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> In the morning | <input type="checkbox"/> In the spring/summer | <input type="checkbox"/> When sick | <input type="checkbox"/> During or after exercise |
| <input type="checkbox"/> At nighttime | <input type="checkbox"/> In the winter or when temperatures drop | <input type="checkbox"/> After eating certain foods | <input type="checkbox"/> Other |
| <input type="checkbox"/> In the fall | | | |

3. Do you notice your symptoms more in certain places? Select all that apply.

- | | | |
|---|-----------------------------------|---|
| <input type="checkbox"/> At home | <input type="checkbox"/> Outdoors | <input type="checkbox"/> Around pets or animals |
| <input type="checkbox"/> At school/work | <input type="checkbox"/> Indoors | |

4. How long have your symptoms been present? Select one.

- | | |
|---|--|
| <input type="checkbox"/> Since birth | <input type="checkbox"/> More than six weeks |
| <input type="checkbox"/> Less than one week | <input type="checkbox"/> For several years |

If you selected one or more symptoms in question one, you may be a candidate for allergy blood testing. Make an appointment with your provider now to get tested.